

Rural Minds is designed by and for people living and working in rural Australia. The workshops address mental well-being issues in a safe and relaxed way.

For information about Rural Minds, please contact sue.phillips@health.qld.gov.au

FREE COMMUNITY WORKSHOPS

9am to 5pm - morning tea, lunch and afternoon tea provided

Workshop registration

Email: <u>Cheryl.Portch@etheridge.qld.gov.au</u>

Phone: Cheryl Portch - 0402 558 872

Space is limited. Register today.





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